



Please send orders and e-transfers to
eat@floraandfarmer.com

Phone (204) 221-1383 to process credit card orders

ORDER FORM (June 2021)

TOTAL AMOUNT DUE

FILL IN:

Customer Name:
Phone Number:
Email:
Requested Pick-up date and time:

FILL IN:

Product	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
Flora & farmer						
<i>Sweet spreads (breakfast varieties)</i>	212 ml					
Blackberry, lemon & vanilla spread		\$11.50				
Strawberry, beet & vanilla spread		\$12.00				
Sour Cherry & hibiscus		\$12.00				
Prairie Celebration (strawberry , rhubarb & Cava)		\$12.00				
Simply Haskap		\$14.00				
Saskatoon Blossoms		\$12.00				
Marmalades						
Whiskey & Spice Marmalade		\$11.00				
Sambooya Orange Marmalade		\$11.00				
Meyer Lemon & lavender marmalade		\$10.00				
Sweetened with fresh roots farm honey (no refined sugar)						
Raspberry Grapefruit		\$13.00				
Mango rhubarb spread		\$10.00				
Savoury Pairings						
Raspberry Jalapeno (July Limited Editon)		\$12.00				
Blueberry basil spread		\$12.50				
Savoury Fig spread		\$11.00				
Hot & smoky pineapple & tomato spread		\$10.00				
Double Strawberry Balsamic with Rosemary		\$13.00				
Peppery Strawberry Chocolate Balsamic		\$13.00				
Limited POTM selection						
limited edition Green tomato & apple chutney	476 ml	\$10.00				
June: Raspberry Jalapeno	212 ml	\$12.00				

February: Matcha Meyer Lemon Marmalade	212 mL	\$10.00				
Vinegar-based pickles	476 ml					
Cilantro & Lime Radishes- SALE!		\$6.80	SALE!!			
Indian Curry Summer Squash		\$8.00				
Mojito Gin Pickles		\$12.00				
Chipotle Asparagus spears- SALE!		\$9.00	SALE!!			
Szechuan Sesame Beans		\$10.00				
Flora & farmer fermented foods	500 ml					
(Must be kept refrigerated)						
Applekraut		\$11.00				
Golden Turmeric Kraut- SALE! (full disclosure- just passed best before- still good, but probiotics beginning to die off)		\$7.00	SALE!!			
Golden Turmeric Kraut- SALE! (full disclosure- 1 month to best before)		\$9.00	SALE!!			
Jalapeno Verde kraut		\$10.00				
Borscht Kraut		\$10.00				
Traditional kraut		\$9.00				
Fermented salsa (mild, medium, or hot- indicate choice)	500 ml	\$10.00				
Fermented salsa (hot)	750 ml	\$14.00				
Zippy Gut Punch (fermented tomato beverage- better than v8)	350 ml	\$3.50				
Baked Goodies!						
Prishky	6/bag	\$7.00				
	12/bag	\$12.00				
Pop Hearts	3/ bag	\$12.00	YES			
	1 each	\$4.50				
Blanket Hogs	6/bag	\$12.00	OUT OF STOCK		OUT	OUT
Curds!						
Hibiscus orange	212 ml	\$13.00	Limited quantity			
Gifts!						
Cocktail pack (peach bellini, Strawberry port, Whiskey & Spice)	3x 212	\$35.00				
Dry Goods	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
Prairie Quinoa Mb grown quinoa	400 g	\$6.00				
	2 lb	\$10.00				
	5 lb	\$20.00		out of stock	OUT	OUT
Nature's Farm Pasta	454 g					
Roasted Garlic & Peppers Fettucine		\$4.70				
Rosemary Fennel Rigatoni		\$4.70				
Adagio Acre's Pulses (Seasonal rotation!)						
Beluga Lentils- Organic		\$8.25				
Pinto Beans- Organic		\$8.25				
GORP World						

Just Oats		\$10.00				
Roasted Nuts & Flax		\$13.50				
Prairie Berry & Coconut		\$13.50				
GORP protein bar- Cocoa, Hemp & Almond		\$2.75	√			
GORP protein bar- Peanut Butter & Raspberry		\$2.75	√			
Fruit juice Jelly beans		\$17.00	yes			
Protein balls- hazelnut		\$10.00				
Protein chips- Memphis bbq		\$7.00				
Protein chips- dill pickle		\$7.00				
Jacked Up Jill Coffee (choose from whole bean or ground)						
Glow Getter (light roast)	454 g	\$20.00		GROUND OR BEAN?		
Velvet Hammer (espresso roast)	454 g	\$20.00		BOTH VARIETIES		
Mr Biltong						
Stokkies						
	80 g					
Original		\$10.00				
Spicy Cayenne		\$10.00				
Biltong						
Original		\$10.00				
Spicy Cayenne		\$10.00				
Wild Man Ricing						
Wild Rice	1 lb	\$10.00				
Northern Blend- Wild rice, quinoa, white rice	1 lb	\$5.00				
Good People Foods Vegnola						
Sweet Potato, Peanut Butter & Tahini	250 g	\$10.00				
Carrot, Black Pepper & Turmeric	250 g	\$10.00				
Beet, coconut & cashew	250 g	\$10.00		OUT OF STOCK	OUT	OUT
Gourmet Delights						
	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
Smak Dab Mustard						
	250 ml					
Beer Chipotle		\$9.00		OUT OF STOCK	OUT	OUT
White Wine Herb		\$9.00				
Curry Dijon		\$9.00				
Canadian Maple		\$9.00				
Honey Horseradish		\$9.00				
Spreads by Cede Almond Butters						
	250 ml					
Cocoa Maca		\$13.00				
Acai Blueberry		\$13.00				
Matcha Lavender		\$13.00				
Chaps Peanut Butter						
	300 g					
Original		\$10.00				

Unsweetened		\$10.00			
Gourmet Inspirations Sauces	225 ml				
Creamy Peppercorn Finishing sauce		\$10.00			
Salted Caramel Whiskey Dessert Sauce		\$10.00			
Maple Bourbon BBQ sauce		\$10.00			
Sweet & spicy lemon sauce		\$10.00			
Gourmet Inspirations Rubs					
garlic lovers		\$10.00			
smoke & spice		\$10.00			
Kickin' Chicken		\$10.00			
Land & Sea		\$10.00			
SOLBRU (alcohol substitute)					
Inspire (with Lions Mane mushroom)	375 ml	\$20.00			
Elevate (with Cordyceps mushroom)	375 ml	\$20.00			
East India Company Sauces					
Butter Chicken	350 ml	\$8.00			
Coconut Korma		\$8.00			
Tikka Masala		\$8.00			
Vindaloo		\$8.00			
VE Vegan drink powder					
Chai powder	24 g	\$7.00			
Golden Milk	24 g	\$6.00			
Tasty Heats Hot Sauce	147 ml				
Woot- cayenne, ghost pepper, berry, palm honey		\$9.00			
Rusty- Chipotle, ancho, dates, rum		\$9.00			
Tangy- ghost, serrano, lemon, fruits		\$9.00			
Magma- ghost, scotch bonnet, tomato		\$9.00			
Tasty Heats Seasoning Packs					
Meat Curry seasoning blend		\$4.25			
Canadian Birch Company					
Bacon jam	106 ml	\$11.00			
Bacon jam	212 ml	\$17.00			
whiskey toffee sauce	106 ml	\$9.00			
Birch Pancake Syrup	250 ml	\$13.50			
Fresh Roots Farm Honey					
raw, unpasteurized honey	500 g	\$8.00			
	1 kg	\$14.00			
Arctic Gold Raw Honey	250 ml				
with haskap		\$10.50			

with bee pollen		\$10.50				
with garlic		\$10.50				
Rasa Holistic						
Ghee- out of stock						
	250 ml	\$17.50				
	750 ml	\$37.00				
Chew						
	250 ml	\$14.75				
GoldBone Broth	1 litre					
Bison Bone Broth		\$16.00				
BrewTeas	15 servings					
Preserve custom blend (Earl Grey & Rose)		\$12.00	OUT OF STOCK		OUT	OUT
Melon Mint		\$12.00				
Cheeky Lemon		\$12.00				
Namaste Chai		\$12.00	OUT OF STOCK		OUT	OUT
Dr. Beetroot						
beet chips		\$10.00	NEW!!			
Beet Ketchup		\$8.50	NEW!!			
BG's Preserves						
Toungue-Thai'd Hot sauce	355 mL	\$17.50	NEW!!			
Bree's x6 Hot sauce	355 mL	\$17.50	NEW!!			
Melo's Finest Oils						
Cold pressed Canola oil (extra virgin)	1 litre	\$8.00	NEW!!			
Cold pressed Sunflower oil (extra virgin)	1 litre	\$9.00	NEW!!			
<u>Meat, Eggs & Dairy</u>	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
Bar Y Smoked Meats						
Bacon	1 lb	\$10.00				
Farmers Sausage Coil	680 g	\$15.00				
Cheddar Garlic Smokies	500 g	\$15.00				
Azras Kitchen						
Chickpea patties (plant based)	400g (4 patties/box)	\$9.50				
Chaeban						
Icecream						
Salty Carl	500 mL	\$9.00				
Anna banana		\$9.00				
Prairie Barry		\$9.00				
Joe-Mango Nello (non-dairy)		\$9.00				
Glen coconut (dairy free)		\$9.00				

Refundable Jar deposit		\$1.00	Don't forget!		
Cheese					
Labneh		\$6.00	OUT OF STOCK	OUT	OUT
Ricotta	500 g	\$7.00			
Feta- firm	200 g	\$5.50			
Feta- soft	200 g	\$5.50			
Old Country Sausage					
Smoked Weiners	375 g (6 pack)	\$6.50			
Frere's Jaques					
Tony's pate	200 g	\$10.00			
Pic a Pop					
Lime	355 MI	\$1.25	YES		
Rootbeer		\$1.25	YES		
Grapefruit		\$1.25	YES		
Strawberry		\$1.25	YES	OUT OF STOCK	OUT
Black cherry		\$1.25	YES		
Amanda Lynn Gluten Free Perogies	1 dzn				
Potato & Aged Cheddar		\$13.50			
Mushroom Medley		\$13.50			
Potato, Onion & Dill		\$13.50			
Sweet Potato & Jalapeno (vegan)		\$13.50			
Country Perogy shop					
Potato cheddar	1 dzn	\$9.00			
Bacon, Potato & cheddar	1 dzn	\$10.75			
Potato & caramelized onion (vegan)	1 dzn	\$10.75			
Bothwell Cheese					
Smoked Gouda	170 g	\$5.75			
black truffle	170 g	\$7.00			
horseradish	170 g	\$5.25			
Old Cheddar	540 g	\$12.50			
Nature's Farm Eggs	dozen				
Organic Free Run		\$6.75			
Omega 3 Free Run		\$5.00			
Loaf & Honey Cheese					
Golden Tradition	AVG PRICE \$14.00				
Notre Dame Creamery Butter					
Unsalted	1 lb	\$6.75			
Salted	1 lb	\$6.75			
Stoneybrook Creamery Organic Milk (whole, non-homogenized)					

Plus \$2.00 refundable glass bottle deposit						
White	1 litre	\$5.25				
chocolate	1 Litre	\$5.25		OUT OF STOCK	OUT	OUT
<u>More MB Made Fermented Goodness!</u>		Price	tax	Store Notes	quantity	\$\$\$\$
Cook's Creek Kimchi	500 ml	\$12.00				
Wolseley Kombucha	350 ml					
Earl of Rose		\$5.25	√			
Lemon Ginger		\$5.25	√			
Peach Oolong		\$5.25	√			
Jasmine		\$5.25	√	OUT OF STOCK	OUT	OUT
Blueberry Roobios		\$5.25	√	OUT OF STOCK	OUT	OUT
<u>Treat Yo'Self!</u>	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
Decadence Chocolate Bars	100 g					
<i>Dark Chocolate Base</i>						
Lavender Orange		\$8.75	√	OUT OF STOCK	OUT	OUT
Health		\$8.75	√			
Firecracker		\$8.75	√			
Raspberry		\$8.75	√	OUT OF STOCK	OUT	OUT
Strawberry pink peppercorn		\$8.75	√			
Fruit and Nut		\$8.75	√			
<i>Milk Chocolate Base</i>						
Orange Blueberry		\$8.75	√			
butter toffee & sea salt		\$8.75	√			
S'mores		\$8.75	√	OUT	OUT	OUT
Coffee Maple		\$8.75	√			
Movie night		\$8.75	√			
<i>White Chocolate Base</i>						
Matcha		\$8.75	√			
Ruby Chocolate		\$8.75	√			
Raspberry pistachio		8.75	√	OUT	OUT	OUT
Utoffeea	135 g					
Original		\$10.00	√			
Dark Chocolate		\$10.00	√			
Abiding Citizen Craft Beverage Company						
<i>Simple syrup</i>						
Rich Lavender	16 oz	\$10.00	√			
Rich cucumber basil	8 oz	\$10.00	√			
Rich Mint	8 oz	\$10.00	√			
Vanilla	8 oz	\$10.00	√	NEW!!!		

<i>Shrubs</i>						
Peppercorn Plum	355 ml	\$15.00	√			
Strawberry	355 ml	\$15.00	√			
Blueberry	355 ml	\$15.00	√	NEW!!!!		
<i>Bitters</i>						
Cranberry Rosemary	2 oz	\$12.00	√			
Manitoba Aromatic	2oz	\$12.00	√			
Baking spice	2 oz	\$12.00	√	NEW!!!!		
Baltic Brothers Cocktail Infusion Packs						
Old fashioned Winnipeg	10 each, 3 for \$25		√	NEW!		
Fort Garry Cosmo			√	NEW!		
Union Station Tea			√	NEW!		
Manitoba Maid			√	NEW!		
Tomahawk Potato Chips						
Fire	198 g	\$3.75	√			
Salt & vinegar	43 g	\$1.25	√			
Ketchup	43 g	\$1.25	√	OUT OF STOCK	OUT	OUT
<i>La Cocina Tortilla Chips</i>						
Taco Shack style (thicker cut for dipping)	400 g	\$4.25	√			
<i>Heritage Harvest Seeds</i>						
Black cherry Tomato		\$3.75		SALE!!		
Aunt Molly's Ground Cherry		\$3.75		SALE!!		
Green Zebra Tomato		\$3.75		SALE!!		
Boston Pickling Cucumber		\$3.75		SALE!!		
Miniature White Cucumber		\$3.75		SALE!!		
Purple Peacock Pole bean		\$3.75		SALE!!		
Lacinato Kale		\$3.75		SALE!!		
Rattlesnake Snap Pole Bean		\$3.75		SALE!!		
White Paris Cos Lettuce		\$3.75		SALE!!		
Franz Bunching Welsh Onion		\$3.75		SALE!!		
Golden Zucchini		\$3.75		SALE!!		
<i>Seedlings/preplanted</i>						
Basil		FREE		FREE		
Aunt Molly's Ground Cherry		FREE		FREE		
Purple Russian Tomato		FREE		FREE		
Kibits Ukrainian Tomato		FREE		FREE		
Cherokee Purple Tomato		FREE		FREE		
Black Plum Tomato		FREE		FREE		
German Red Strawberry Tomato		FREE		FREE		

Tropical Sunset Cherry Tomato		FREE		FREE		
Arbunznyi Tomato		FREE		FREE		
Snowwhite Cherry Tomato		FREE		FREE		
Comforts & Self-Care	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
Mysa Candles (soy based, wooden wick)						
<i>8 oz Whiskey Glass (45-50 hr burn)</i>	8 oz					
Apple Cedar		\$30.00	√			
Rose cedar		\$30.00	√	NEW!!		
Blueberry Balsam		\$30.00	√			
Grapefruit Rosemary		\$30.00	√			
Peppermint Vanilla		\$30.00	√	OUT OF STOCK	OUT	OUT
Strawberry Cilantro		\$30.00	√	LIMITED STOCK!		
Coconut Vanilla		\$30.00	√	LIMITED STOCK!		
Lilac Lemon		\$30.00	√	NEW!!		
Pumpkin Lime		\$25.00	√	SALE!!!		
Cranberry Clove		\$30.00	√	OUT OF STOCK	OUT	OUT
<i>4 oz gold tin (20-25 hr burn)</i>	4 oz					
strawberry cilantro		\$15.00	√			
Rose cedar		\$15.00	√	NEW!!!		
blueberry balsam		\$15.00	√			
Grapefruit Rosemary		\$15.00	√			
Coconut Vanilla		\$15.00	√	NEW!!		
Apple Cedar		\$15.00	√			
Fika (coffee & cake)		\$13.00	√	SALE!!		
Pumpkin Lime		\$15.00	√	OUT OF STOCK	OUT	OUT
Cranberry Clove		\$13.00	√	SALE!!		
My Valhalla Soaps						
Cucumber Melon		\$6.00	√			
Coconut Lime		\$6.00	√			
Gardenia		\$6.00	√	OUT OF STOCK!	OUT	OUT
Lilac		\$6.00	√			
Magnolia		\$6.00	√	OUT OF STOCK!	OUT	OUT
Chocolate Brownie		\$6.00	√	LIMITED STOCK		
Grapefruit		\$6.00	√	OUT OF STOCK!	OUT	OUT
Prairie Potions						
Body Polish	150 g					
Shineshine		\$21.00	√			
Rose Lux		\$21.00	√			
Vegan Lip Love		\$5.00	√	LIMITED STOCK!		

Perfume roller						
Spark	10 ml	\$16.00				
Skin Salve						
save my skin	18 g	\$9.00				
Perfume Spray						
ultra violet	50 ml	\$18.00				
Beard oil						
	30 ml	\$16.00				
Lend Me Some Sugar						
Bath Bombs						
Honeydew		\$5.00	√			
Lilac		\$5.00	√			
Pineapple		\$5.00	√			
White tea		\$5.00	√			
cucumber		\$5.00	√	OUT OF STOCK	OUT	OUT
Shower Steamer						
Lavender		\$5.00	√			
Eucalyptus		\$5.00	√			
Bubble bath						
Love potion		\$16.00	√	NEW!!!		
Soap Bar						
Rose Soap		\$7.50	√	NEW!!!		
Body Lotions						
Lavender		\$18.00	√	NEW!!		
Blood Dragon		\$18.00	√	NEW!!		
Face Masks						
Rose Clay		\$17.00	√	LIMITED STOCK		
Naturally Powerful						
Powdered laundry soap						
Lavender	32 oz (80-100 loads)	\$20.00				
Liquid hand soap						
Lavender	16 oz	\$11.00				
Peppermint	16 oz	\$11.00				
Lime	16 oz	\$11.00		Limited stock		
Handmade Housewares & Gifts	Unit size	Price	tax	Store Notes	quantity	\$\$\$\$
designs vary- contact us for photos of available styles and designs						
Sew Dandee						
Organic cotton tea towels		\$22.00	√			
Cotton/Hemp blend printed bread bags		\$24.00	√			
Cotton/Hemp blend baguette bags		\$14.00	√	LIMITED STOCK		

Bee's & G's Beeswax Wraps		\$24.00	√			
Trio pack		\$24.00	√			
Lunchbox pack		\$24.00	√			
Queen Bee pack		\$24.00	√			
Happyland Print Shop						
neighbourhood prints		\$12.00	√			
perogies pin		\$10.00	√			
pickles pin		\$10.00	√			
Caesar pin		\$10.00	√			
Weinerpeg embroidered patch		\$5.00	√			
Jeannies Cake magnet		\$4.00	√			
Weinerpeg magnet		\$4.00	√			
Elaine Dilay Resin Charcuterie Boards						
Medium Board with handle		\$68.00	√			
Small board with handle		\$94.00				
Real Swanky Embroidered Hoops						
small		price varies	√	SALE!!		
Medium				SALE!!		
Sam Sectar Ceramics						
small mugs		price varies	√			
large mugs			√			
cups (no handle)			√			
small bowls			√			
Plant pots (with drainage holes!)			√			
Carla Dyck Facemasks						
<i>All winnipeg themed designs!</i>	WAS \$20.00					
Med (portage ave or exchange district)		\$10.00	√	SALE!!		
Large (Esplanade Riel)		\$10.00	√	SALE!!		
extra large (skating at The Forks)		\$10.00	√	SALE!!		
Anthology Magazine						
Granola Chronicles		\$5.00		SALE!!		
Eat like a bird		\$5.00		SALE!!		